

Before the event

Arrival: What is the best way to get to Salzburg?

Ideally you come to Salzburg by public means of transportation. With the Austrian Federal Railway (ÖBB) you can reach Mozart's hometown without any problems. If you come from Vienna, St. Pölten, Amstetten, Linz or Wels, you can also take the Westbahn.

The best and most sustainable possibility to get to Salzburg from the alpin regions is the marathon-train, starting at "Schwarzach-St. Veit" at 6:44 am and reaching "Salzburg Altstadt-Mülln" at 7:44 am. The bib number or the confirmation of the registration is valid as ticket. The same offer is when turning home on a regional train between Salzburg and Schwarzach-St. Veit later on the day (no ÖBB-trains).

Should you come to Salzburg by car, we recommend two variants:

- On the motorway A1 take the exit airport. Drive into town on the Innsbrucker Bundesstraße until you reach the junction. Then, take the right and follow the Maxglaner Hauptstraße. Follow the course of the road until you reach the Neutor. Here you can directly park in the Underground Car Park "Altstadtgaragen".
- Or when driving on A10, choose exit Salzburg Süd (South). Drive into town on the Alpenstraße and go until the Park&Ride. Then, you can take the bus (line 3) to the city center.

Attention: On Sunday there will be a limited bus traffic! You can find an exact timetable for Sunday in the program (starter package) and on our website. Go to menu item "information", click the button "traffic information" and follow the indicated link. On the event weekend you can use the public means for free in the urban area of Salzburg when showing your bib-number (only on the day of your competition).

Where can I park my car?

In the Underground Car Park Altstadtgaragen (near Siegmundstor) there are about 1,300 parking places available. The car park is open 24 hours. You can let punch your parking ticket at the information desk of Salzburg Marathon and enjoy the cheaper fees of 4 hours for 4,- Euro and 8 hours for 6,- Euro. This offer is from Friday until Sunday.

Where can I get the bib number and the chip?

At SportMall at "Eisarena Volksgarten" (Hermann-Bahr-Promenade 2) you will get the bib number and the chip on the following days:

- Friday, 13th May 2022 from 1 p.m. to 7 p.m.
- Saturday, 15th May 2022 from 10 a.m. to 6 p.m.

Please do not forget to bring the "starter pass" or the registration confirmation with you!

Only in exceptional cases a collection is also possible on Sunday, 19th May 2019 from 6:30 a.m. to 8:30 a.m. at university Salzburg (entrance: Hofstallgasse).

Do I need a chip?

No. The chip is integrated in the bib numbers of all events. This means that there are no additional costs for you. Please wear the start number on the outermost layer of clothing on the front of the upper body and do not remove or damage the adhesive strips! Ribbons are not allowed!

Where do I get the exclusive functional shirt?

The exclusive Salzburg Marathon functional shirts and bib-bits will be sold at the SportMall. If you have already prepaid the shirts respectively the bib-bits when registering für your run, you can collect it at the provided shirt desk. You need to show your registration confirmation. If you do not collect it, we charge a fee of € 8,- for the shipping.

Where can I drop my personal provisions?

The beverages need to be marked with the correct numbers of the refreshment points and they can be dropped either on Saturday at the information desk at "Eisarena Volksgarten" or on Sunday morning at the information desk at university (auditorium), the latest until 7:30 a.m. A detailed plan of the refreshment points is available on the website as a pdf-download (menu: "information" --> "your running course") and it

will also put up at SportMall respectively at university on Sunday. The first table of a refreshment point is reserved for the personal provisions of elite runners and participants in the Austrian National championships, the second one for the personal provisions of any other runner.

Where do I get my bio-delicacies?

The event gastronomy is located at Volksgarten (Friday, Saturday) respectively at the courtyard of university (Sunday). All offered snacks are prepared with seasonal available, regional and biological ingredients. Not only runners but as-well spectators and all passants can enjoy the regional and organic snacks.

Where can I find the course plans?

You can download all course plans from the webiste of Salzburg Marathon (menu: "Information" --> "Your Running course". Additionally, all course plan will be put up at SportMall and at the foyer of university.

Where can I find the current starting list?

The starting lists will be put up at the SportMall. All start lists are also available on our website (menu: "Registration" - "Online Registration"). Or simply ask at our information desk.

Where do I find toilets?

You find toilets at "Sportzentrum Mitte" (see information about shours next page), at all refreshment points, as well as in the starting and finishing area. On Friday and Saturday you will find toilets at Volksgarten.

Where do I find the cloakroom?

You find cloakrooms and fitting rooms at the gym "Sportzentrum Mitte" (see shower facilities next page). Every runner can give off his/her starter package, which has to be marked with the correct bib number, in the arcades of university Salzburg (Sunday, 8 am-3:30 pm) respectively at the tents at Volksgarten on Friday (6:30 pm-9 pm.). Participants of Salzburg Women's Run can use the cloakroom of the near swimming pools.

ATTENTION! Only official starter packages are accepted - other bags, backpacks or luggage can be handed at a separate place (5€/piece).

Where is the start?

The Salzburg Marathon, the Sparkasse half-marathon and the Hyundai relay marathon start at Ferdinand-Hanusch-Platz (starting grid in Griesgasse). The start of Hervis-10K Salzburg CityRun takes place af Hofstallgasse. The finish line of all Sunday's competition is located at Hofstallgasse. The starting and finishing line of all competitions on Friday and Saturday is located at Volksgarten.

Is a re-registration necessary, if I start at the half-marathon instead of the marathon?

No, in this case a re-registration is not necessary. You can even during the race decide on whether you want to run the marathon or simply the half-marathon.

Is there a medical service at the Salzburg Marathon?

Yes, Dr. Holger Förster will be present on Friday, 13th May from 1 p.m. to 7 p.m. and on Saturday, 14th May from 10 a.m. to 6 p.m. at the SportMall. He is available to answer questions about health. Only healthy runners are allowed to start at the Salzburg Marathon!

Which charity-projects can I donate for?

Nine charity-partners of Salzburg Marathon present their charity-projects at Coca-Cola Integration Run (start: Saturday, 6:30 pm, Volksgarten). Support the charity-initiative of Salzburg Marathon with your participation - "One Mile for a Smile".

Are their special COVID-19-measures?

According to the current rules in Austria there are no special measures for sporting events. We invite you to act responsibly and recommend mouth/nose-protection when staying a longer time indoors.

Just before or during the event

Are there starting blocks?

There are four different starting blocks in the starting area at Griesgasse from which the race starts flowingly – green, orange, red and blue. All elite-runners and participants in the Austrian National championships starting from starting block one (green) are allowed to move freely by warming up just before the start.

All other participants are obliged to go into the starting block which they have indicated on their registration and which is also clearly marked on their bib number (colour). Start runners of all relays have to start from the blue starting block. If ignored there will be a time-penalty (gross). We ask all to accept the sporting fairness towards other participants!

Where do I find the refreshment points?

There are six refreshment points on the 21.0975 km long route, including the refreshment point in the finishing area. You find one at km 5.5, at km 10.9, at km 15.2, at km 19.4, at km 21.2 and in the finishing area. All refreshment points provide water, powerade and bananas. You can take your own drinks at the stations 1 to 4. At these stations, as well as in the finishing area, you get coke. Additionally, there are two water stations after km 9.8 and km 23.2 (only 2nd lap). Moreover, you get Paracelsus bio-beer, a Stiegl Sport-Weisse, tea, oranges and apples, as well as a delicious cake in the finishing area.

ATTENTION: The participants find their personal drinks on the second desk of every refreshment point. The first desk is reserved for the refreshment of elite-runners and to the participants of the Austrian National championship.

How do I have to wear my bib during the race?

All participants must wear the bib number assigned to them. It must be attached to the front of the chest. If removed or worn elsewhere, there is a clear violation of the rules which could result in disqualification.

The good visibility of the bib number is very important cause of safety reasons as well. At the bib pick-up you will find four safety pins to fasten the bib number correctly. Bib-number-tapes are not allowed!

Where do I find the toilets?

On each refreshment points there are some toilets, which can be used by the runners as well as at the finishing area. On Friday and Saturday you will find toilets at Volksgarten.

Is it allowed to be accompanied by someone during the race, who has not registered officially?

No! The support of runners without official registration, as well as the support of vehicles, bicycles or inline skates is prohibited and leads to an immediate disqualification of the participant concerned.

Am I allowed to run with headphones?

We advice not to run with headphones for safety reasons. It is essential that all participants hear and understand the instructions of speakers and marshals.

How can I recognize the pacemakers?

At Salzburg Marathon there is one pacemaker for each goal-time of 3:00, 3:15, 3:30, 3:45, 4:00, 4:15, 4:30, 4:45, 5:00 and 5:15 hours. You can easily recognize them cause of their orange flags.

How long is the finish line open?

The finish line closes at 2:45 p.m. (max.-time for marathon: 5:45 hours).

After the event

Where do I get some beverages after the race?

In the finishing area appropriate food and drinks will be provided.

Which specials do the finishers get?

- 🍷 All finishers of the Running Festival of Mozart City can print out a personal certificate via the result service on the Internet.
- 🍷 Starting list and result service on the Internet.
- 🍷 Official participant-photos by Foto Viertbauer. You can find more information on the website of Salzburg Marathon.
- 🍷 All finishers of the competitions on Friday, Saturday and Sunday get a medal (exception: CUP&CINO breakfast run). After the race, every participant has the possibility to engrave her/his name and the achieved final time on her/his medal as a remaining memory (finish area). This service costs 12,- Euro.

ATTENTION: This service will only be offered on the event weekend! If you have already paid for your engraving, you will not get a refund.

Where do I find the showers?

Sportzentrum Mitte, Ulrike-Gschwandtner-Straße 6. From the finish straight across the old town. Cross the Petersbrunn Straße at the traffic lights, walk along the Josef-Preis-Allee for a few steps and turn right to reach Ulrike-Gschwandtner-Straße. The gym will be on your right. The walk takes 10 minutes.

Participants of Salzburg Women's Run can use the showers at the swimming pool Volksgarten.

Where and when is the flower ceremony?

The first three winners of men and women will always be honored. The flower ceremonies of the following competitions will take place in front of "Großes Festspielhaus" from 11:00 a.m.:

- 🍷 Hervis-10K Salzburg CityRun
- 🍷 Sparkasse half-marathon
- 🍷 19th Salzburg Marathon
- 🍷 Hyundai relay marathon

From 2 pm at the courtyard of university the Stiegl Winner Party takes place, including all further winner ceremonies (individual and team ranking and Austrian National championship).

As last year there will be an "age-graded" ranking at Salzburg Marathon for all competitions. This ranking includes the finishing time and an "age-graded"-factor. In this way there is an equality of opportunity between older and younger participants. There will be no victory ceremony.

Where do I find the ranking after the race?

The results will be available on our homepage as soon as possible.